

Boxelder Bug Days 10K, 5K Run/Walk & 1K Kiddy Run

# Saturday, Sept 10th, 2016 7:30 a.m. - 8:15 a.m. Registration 8:30 a.m. Race Time (1K Kiddy run will immediately follow the

completion of the 10K, 5K run/walk)

## Entry Fee:

\$20-Long Sleeve shirt \$35- ¼ zip up shirt through August 28<sup>th</sup>. (Must pre-register for ¼ zip up)

\$30 September 1- Race Day\$12 Kiddy Run (10 years of age and younger)

10K & 5K participants receive a great long sleeved dri-fit shirt, and 1K Kiddy runners receive a dri-fit t-shirt.

## Pre-register to assure shirt size!

## Payable to:

Run the Bug

Fill in and mail registration to:

Boxelder Bug Days Race Michelle Buysse, 3326 State Hwy 68, Ghent, MN 56239 597.828.1528

### **Registration**:

Highway 68, Downtown Minneota (Prairie Winds Wellness parking lot).

### Course:

A scenic run starting in downtown Minneota and traveling on Minneota's walking and biking path.

### Awards:

Medals and cash prizes will be awarded to the first place winner to the top male and female. Door prizes will also be given away.

## Child care:

Free child care will be provided during the run/walk—thanks to Bethel Fellowship Church!

#### Visit us online at <u>www.runthebug.com</u>

Registration Form:

(One form per participant, please)

Name:\_\_\_\_\_

Address:\_\_\_\_\_

City/State/Zip:\_\_\_\_\_

Phone:\_\_\_\_\_

Birth Date:

Age on September 10<sup>th</sup>:\_\_\_\_\_

Male: \_\_\_\_ Female: \_\_\_\_

E-mail address:\_\_\_\_\_

Select Race and Shirt Size

10K Shirt\_\_\_\_\_S M L XL XXL 10K ¼ Zip Up Pullover\_\_\_\_S M L XL XXL

5K Shirt \_\_\_\_\_S M L XL XXL 5K ¼ Zip Up Pullover\_\_\_\_S M L XL XXL

1K Kiddy Run\_\_\_\_\_ YS YM YL

Release of Claims: (All participants must sign) In consideration of your acceptance of my entry I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against Minneota Boxelder Bug Days 5K Run/Walk &1K Kiddy Run, the counties, cities and villages in which the race is conducted, and their affiliates, agents, servants, employees assigns, successors and any other sponsors and their representations, successors, and assigns, for any and all injuries suffered by me in the said event. I attest and verify that I will participate in this event as a footrace, that I am physically fit and have sufficiently trained for the completion of the event, and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to the race and any organization conducting the race and/or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose. I have read the foregoing and certify my agreement by my signature below.

### Signature:\_\_\_\_

(By parent or guardian if participant is under 18)

Date:\_\_\_\_\_